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Shen Guoqing (1973, 11), a postdoctoral, is a native of Luoyang, Henan, China. He is a professor in the School of Physical Education of Zhengzhou University, a young backbone teacher in Henan Province, the head and chief expert of the Henan Province Taijiquan Teaching Team, Henan Province Philosophy and Social Science Innovation Team, Henan Province Intangible Cultural Heritage Research Base, Henan Province Excellent Traditional Culture Taijiquan Inheritance Base. He is a Taihang scholar, a master's tutor, an expert of the National Social Science Foundation, a science and technology innovator of Henan Province, an outstanding scholar of Henan Province, and the head of the outstanding teaching organization of Henan Province. Vice Chairman of Henan Taijiquan Association, Deputy Director of Henan Taijiquan Special Committee for the Elderly, Member of Zhengzhou Shaolin Wushu Standardization Technical Committee, Member of Jiaozuo Taijiquan Talent Identification Special Committee, Director of *Shaolin and Taiji* Editorial Department.

He has presided over more than 10 important projects such as the National Social Science Foundation, the sub-projects of the major projects of the National Social Science Foundation, the China Postdoctoral Fund, the major projects of the philosophical and social research of Henan universities, the key projects of Henan Province's educational science planning, and the special projects of Henan Province's key R&D and promotion (scientific and technological research). He has published 48 papers in journals at all levels, including Sports Science, and 16 monographs on Wushu. He won the first prize in the CCTV and Chinese Wushu Essay Competition, the first prize in Taijiquan International Summit Forum, the first prize in Social Science Achievement of Henan Provincial Education Department and the third prize in Social Science Achievement of Henan Province, etc. Selected for presentations at the Scientific

Conference of the Chinese Society of Sports Science, China's First Doctoral Forum and Seminar on Postgraduate Education in the 30 Years of Reform and Opening Up. He edited the national textbook *Introduction to Chinese Wushu* and built the first bilingual online Taijiquan course *Erya Taiji* in China and was selected as a Henan Provincial Excellence Online Shared Course, Henan Provincial Top Class Course and Chinese University MU Course; he built a bilingual course *Taiji Pushing Hands*, a model course for Civics in Henan Province.

I. Papers: (3 articles in first-class journals, 14 articles in CSSCI, 5 articles in core journals and 2 articles in ISTP)

1. Cultural Analysis on Development of Chinese Wushu in 21st Century, *China Sport Science (First class journal)* 2007/05 Sole author
2. The Survival Condition Vicissitude of Chinese Wushu Reflected by the Vigorous Growth of Taijiquan, *China Sport Science (First Class Journal)* 2009/09 Sole author
3. Study on Yanzhao Wushu Culture in China, *China Sport Science (First Class Journal)* 2010/05 Sole author
4. The Craftsman Spirit of Modern Taijiquan Masters, *Journal of Shanghai University of Sport* 2019/02 Sole author
5. Study on the Law of Development and Transition Mechanism of Chinese Regional Wushu, *China Sport Science and Technology* 2011/11 Sole author
6. Cultural Confidence of Wushu in the Spring, Autumn and Warring States Period, *Journal of Wuhan Sports University* 2021/10 Lead author
7. Regional Wushu culture, *Journal of Wuhan Sports University* 2008/04 Sole author
8. Contemporary Chinese Wushu development seen from Wushu World Congress and WMA, *Journal of Wuhan Sports University* 2011/02 Sole author
9. The Development Strategy of Chinese Wushu in the 21st Century in Cultural Perspective, *Journal of Beijing Sport University* 2009/06 Sole author
10. Development of Chinese Wushu from 2008 to 2012, *Journal of Wuhan Sports University* 2013/11 Sole author
11. Modern Wushu Development in Context of China's Rejuvenation, *Journal of Wuhan Sports University* 2014/11 Sole author

12. Wushu Development in Context of China Rejuvenation, *Journal of Wuhan Sports University* 2015/11 Sole author
13. Armed Escort and Jianghu: A Clue to Understanding Regional Wushu Culture, *Journal of Wuhan Sports University* 2017/07 Sole author
14. Thinking on Wushu culture development in 2012, *Shandong Sports Science & Technology* 2013/06 Sole author
15. Contemporary explanation for the developing characteristics of Taijiquan, *Journal of Shandong Sport University* 2011/02 Sole author
16. Development strategy of college Wushu education in Central China from the perspective of “powerful province of culture”, *Journal of Shandong Sport University* 2011/11 Sole author
17. Interpretation of Chinese Wushu competition in 2008 Beijing Olympic Games from the cultural angle, *Journal of Shandong Sport University* 2010/06 Sole author
18. Value of Wushu culture in Zhuang Zi’s Sword, *Journal of Shandong Sport University* 2007/03 Lead author
19. Cultivating Morality and Educating People: Characteristics and Historical Guidance of Development of Core Values through Taiqiquan Curriculum, *Journal of Wuhan Sports University* 2022/11 Sole author
20. The Strategic Consideration about the Reform of Chinese WuShu, Proceedings Of 2009 International Conference on Education Management and Engineering (ISTP search)

II. Monographs:

1. A study of the transformation process of Chinese Wushu in the past century, *Science Press* 2017/11 Sole author
2. Tengnuo Taijiquan Collection, *China Sports Press* 2017/12 Sole author
3. Jiaozuo Yuanxian Tongbeiquan, *China Sports Press* 2018/06 Sole author
4. Wudang Culture & Boxing, *China Sports Press* 2009/11 Sole author
5. Study on Yanzhao Wushu Culture, *China Sports Press* 2010/12 Sole author
6. Exploring the Culture of Chen Style Taijiquan, *Hubei People’s Press* 2011/12 Sole author
7. Wushu Cultural Stirring in 2008, *Hubei People’s Press* 2012/11 Sole author
8. Hebei Wushu Culture, *Hubei People’s Press* 2013/07 Sole author

9. Bilingual appreciation of Chen-style taijiquan culture, *Jiuzhou Press* 2014/06 Lead author
10. A selection of instruments from Yuanxian Tongbeiquan, *Xinhua Press* 2015/11 Lead author
11. Introduction to Chinese Wushu (National Textbook), *Chongqing University Press* 2016/11 Chief editor.
12. Chen Style Taijiquan Routine One, Old Frame (Bilingual), *Science Press* 2016/12 Lead author
13. Chen Style Taijiquan Routine Two, Old Frame (Bilingual), *Science Press* 2016/12 Lead author
14. Chen Style Taijiquan Essence 18 Stances (Bilingual), *Science Press* 2016/12 Lead author
15. The Essence of He Style Taijiquan, *China Sports Press* 2019/12 Lead author
16. Tengnuo Taijiquan for Health, *China Sports Press* 2020/12 Lead author

III. Projects:

Subject Name	Source of project (project number)	Approval Funding	Approval Time	whether Closing the project
A Study of the Context and Macro Features of the Century-long Transformation of Chinese Wushu	National Social Science Foundation of China Project (13BTY060)	180,000	2013.6	Yes
Spring and Autumn Warring States Wushu	Research and Compilation on the General History of Chinese Wushu (Sub-topic), a major bidding project of the National Social Science Foundation of China	50,000	2020.12	No
Taiji Cultural Industry Development in the Context of the Rise of a Great Nation	Henan Province Philosophy and Social Science Planning Project (2011FTY007)	0	2011.9	Yes
Study on the Development of Wushu Education in Henan in the Context of the Rise of the Central Plains	Key Topics in the Eleventh Five-Year Plan of Henan Provincial Education Science (2009-jkghaz-0037)	3,000	2009.12	Yes
2008: The Olympic Flame and the Cultural Stirring of Wushu in the Context of the Rise of a Great Power	China Postdoctoral Fund Project (20110490908)	30,000	2011.6	Yes
Research on the Development of Taiji Cultural Industry in the Central Plains in the Context of a Strong Cultural Province	The Project of Funding for Young Backbone Teachers in Henan Universities (2011GGJS-059)	16,000	2011.10	Yes
Taijiquan Innovation Team	Henan University of Technology Innovation Team	150,000	2014.5	Yes
Geographical Wushu Cultural Research Centre	Key Humanities and Social Sciences Research Bases of Henan University of Technology	300,000	2009.6	Yes

Research on the heritage innovation of Wushu culture based on craftsmanship	Major Project of Henan University Philosophy and Society (2018-JCZD-014)	100,000	2017.5	No
Research on the Innovation of Taijiquan Culture Inheritance in Universities Based on Craftsmanship	Henan University Science and Technology Innovation Talent (Humanities and Social Sciences) Support Program (2018-CX-001)	60,000	2017.10	Yes
A Study of Craftsmanship in the Development of Modern Wushu	Henan Province Philosophy and Social Science Planning Project (2018BTY022)	20,000	2018.6	No
A Study of Regional Wushu Culture in the New Era Paths	Henan Provincial University Social Science Outstanding Scholar Support Program (2019-YXXZ-18)	50,000	2018.10	No
Excellent grassroots teaching organisation in Henan Province	Department of Education, Henan Province (2018-159)	30,000	2018.11	No
Henan Intangible Cultural Heritage Research Base	Department of Culture, Henan Province (3rd batch)	300,000	2015.3	Yes
Taijiquan Henan Teaching Team	Department of Education of Henan Province (2016 year)	300,000	2015.10	Yes
Henan Provincial Philosophy and Social Science Innovation Team	Department of Education of Henan Province (FY2017)	200,000	2016.6	Yes
Henan Province Excellent Traditional Culture Taijiquan Inheritance Base	Henan Provincial Education Department (FY2020)	50,000	2020.6	No

IV. Awards and achievements:

1. *The Analysis of Chinese Wushu in the 21st Century in Cultural Perspective*, 2008 Third Prize of Social Science Achievement of Henan Province
2. Bilingual Appreciation of Chen Style Taijiquan Culture Third Prize of Social Science Achievement in Henan Province in 2014
3. *Cultural Confidence in Wushu in the Spring and Autumn and Warring States Periods*, Third Prize of Henan Province for Social Science Achievements in 2022
4. *Yanzhao Wushu Culture Research*, 2010 First Prize of Excellent Social Science Achievement in Jiaozuo City
5. *Historical Characteristics and Contemporary Interpretation of Taijiquan Development* 09 China-Jiaozuo Taijiquan International Summit First Prize
6. *Exploring the Culture of Chen Style Taijiquan*, 2011 First Prize of Excellent Social Science Achievement of Henan Provincial Education Department
7. 2012 First Prize of National Wushu Research Institute for the Development of Taiji Culture Industry in the Context of the Rise of a Great Nation

8. *Wushu Cultural Stirring in 2008*, 2013 First Prize of Excellent Social Science Achievement of Henan Provincial Education Department
9. *Hebei Wushu Culture*, 2014 Second Prize of Excellent Social Science Achievement of Henan Provincial Education Department
10. *Reflections on the development of Wushu*, triggered by the Wulin Conference First prize in the 2007 CCTV and Chinese Wushu Joint Essay Competition
11. *Armed Escort and Jianghu: A Clue to Understanding Regional Wushu Culture*, First Prize, Shen Jiang International Wushu Forum 2016