



CURRICULUM VITAE

associate professor **Mariusz Lipowski** Ph.D.

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EDUCATION

- 2012 Ph.D. in Psychology – Institute of Psychology, Faculty of Social Sciences, University of Gdansk, Poland, Dissertation: *Psychological determinants of pro-health behaviors in athletes*
- 2007 habilitation in Physical Culture Science – Gdansk University of Physical Education and Sport, Poland, Subject of habilitation thesis: *Physical activity of women as pro-health behavior - determinants and motives of participation*
- 1997 Ph.D. in Physical Culture Science – Gdansk University of Physical Education, Poland, Dissertation: *Personality determinants of performance in gymnastics*
- 1995 MS in Psychology – the Institute of Psychology, Faculty of Social Sciences, University of Gdansk, Poland, Master's thesis: *Selected personality traits and athletic performance of children in gymnastic*
- 1993 MS in Physical Education – University of Physical Education in Gdansk, Poland, Master's thesis: *Psychological preparation in gymnastic*

EMPLOYMENT

- since 2007 associate professor – Gdansk University of Physical Education and Sport, Poland
- 2008-2018 associate professor – University School of Sport in Lodz, Poland
- 1998-2007 assistant professor – Gdansk University of Physical Education and Sport, Poland
- 1998-1999 P.E. teacher – Primary Private School "Niedźwiednik" in Gdansk, Poland
- 1993-1997 gymnastics trainer – AZS AWF in Gdansk, Poland
- 1993-1998 lecturer – Gdansk University of Physical Education, Poland
- since 1995 sport psychologist for Olympic Team in artistic gymnastic, fencing and judo

FUNCTIONS

- since 2019 Director of Doctoral School in Gdansk University of Physical Education and Sport, Poland
- since 2019 Director of postgraduate studies *Start for Ph.D. in Sport & Fitness Sciences* at Gdansk University of Physical Education and Sport, Poland
- since 2019 Head of *Department of Psychology*, Gdansk University of Physical Education and Sport, Poland
- 2015-2019 Deputy Dean of Research of Faculty of Tourism and Recreation, Gdansk University of Physical Education and Sport, Poland
- 2008-2019 Head of *Department of Health Psychology*, Gdansk University of Physical Education and Sport, Poland
- since 2003 Tutor of *the Psychological Club for Students "PsychActiv"* at Gdansk University of Physical Education and Sport, Poland

TRAININGS AND QUALIFICATIONS

- 2007 third-degree (International) specialization in the *Sherborne Developmental Movement Method* (International Sherborne Foundation)
1995 second-degree specialization in the *Sherborne Developmental Movement Method* (Polish Dyslexia Society)
1994 first-degree specialization in the *Sherborne Developmental Movement Method* (University of Gdansk)
1993 coach of gymnastic (second-degree)

MEMBERSHIP IN SCIENTIFIC ORGANIZATIONS AND EDITORIAL BROADS OF JOURNALS

- since 2013 member of Editorial Broad *Health Psychology Report*
since 2013 member of Editorial Broad *Turystyka i Rekreacja [Tourism & Recreation]*
since 2013 member of Editorial Broad *Baltic Journal of Health and Physical Activity*
since 2009 member of Editorial Broad *The Polish Journal of Sports Medicine*
since 2006 member of Editorial Broad *The Polish Journal of Physiotherapy*
since 2006 *Polish Neuropsychological Society*
since 2005 *Section of Sport Psychology in Polish Society of Sport Sciences* (secretary)
since 1997 *International Society of Sport Psychology*
since 1997 *Polish Psychological Society*

AWARDS

- 2015 *Copernicus Prize* – awarded by Polish Neuropsychological Society
2013 *Commission of National Education Medal*
2011 *Bronze Medal of the President of the Republic of Poland*
1999-2011 1st degree Rector's award – University of Physical Education and Sport in Gdansk, Poland (6 times)

SCIENTIFIC COOPERATION WITH OTHER SCIENTIFIC INSTITUTIONS

- od 2021 international project: [*Healthy lifestyle or pro-health obsession during the pandemic – a multinational study*](#) – Zhengzhou University, China (prof. Taofeng Liu, prof. Zijian Zhao), Beijing Sport University, Alexandru Ioan Cuza University: Iasi, Romania (prof. Violeta Enea), Università Cattolica del Sacro Cuore di Milano, Italy (prof. Paola Vago), China (prof. Yin Yang, prof. Hongying Fan), University of Split, Croatia (Damir Sekulić), Uniwersytet Gdański, Poland (prof. Małgorzata Lipowska), Catholic Institute of Paris, France (Charles Martin-Krumm), Universitas Padjadjaran, Indonesia (prof. Andriani Dhini, prof. Shally Novita), University of Social Welfare and Rehabilitation Sciences, Iran (prof. Negar Pourvakhshoori), Klaipeda University, Lithuania (prof. Reda Gedutiene), University of Brasilia (prof. Claudio Torres), DPFA-Academy of Work and Health in Leipzig, Germany (prof. Marcus Stück), University of Nigeria (prof. JohnBosco, prof. Chika Chukwuorji, prof. Chukwuedozie Ajaero), University of Sargodha, Pakistan (prof. Sadia Malik), Universidade de Évora, Portugal (prof. Adelinda Candeias), International University of Business Agriculture and Technology, Bangladesh (prof. Arobindu Dash), Piaget Institute in Almada, Portugal (prof. Edgar Galindo), Moscow State University of Psychology and Education, Russia (prof. Nikolay Dvoryanchikov), University of Peradeniya, Sri Lanka (prof. Asanka Bulathwatta), Taras Shevchenko National University of Kyiv, Ukraine (prof. Illia Yahiaiev), Wright State University, USA (prof. Michal Kraszpulski, prof. Nathan Bowling), University of Social Sciences and Humanities, Vietnam (prof. Ha Truong, prof. Thi Khanh, prof. Tran Cao Boi Ngoc), Astana Medical University, Kazakhstan (prof. Aidos Bolatov), O'zbekiston Xalqaro Islom Akademiyasi, Uzbekistan (prof. z Kazimowa), Menoufia University, Egypt (prof. Mai

- Helmy), University of Gondar, Ethiopia (prof. Yemataw Wondie), Universidad Pablo de Olavide, Spain (prof. Jose Carlos Jaenes Sanchez)
- X-XI 2019 scholarship in the framework of Polish National Agency For Academic Exchange (NAWA) – Faculty of Psychology of the University of Social Science and Humanities of the Vietnam National University in Hanoi (cooperation with prof. Truong Thi Khanh Ha)
- since 2017 Department of Physical Education and Sports, Matej Bel University in Banská Bystrica, Slovakia (cooperation with dr Miroslav Slizik; Erasmus+ visits: February 2017; February 2018)
- since 2016 Faculty of Psychology, University of Social Sciences and Humanities, Vietnam National University, Vietnam (cooperation with prof. Truong Thi Khanh Ha)
- since 2015 Lithuanian University of Educational Sciences, Vilnius, Lithuania (cooperation with prof. Vida Juskeleiene; Erasmus+ visit April 2015)
- since 2015 Faculty of Sport Science, University of Leipzig, Germany (cooperation with prof. Evelin Witruk)
- since 2014 School of Sport and Education, Brunel University in London, United Kingdom (cooperation with prof. Robin Jackson)
- VII-VIII 2012 scholarship in the framework of Internationalisation of Higher Education Programme – University of Camerino, Italy (cooperation with prof. Giancarlo Falcioni)

RESEARCH PROJECTS FUNDED UNDER NATIONAL AND INTERNATIONAL FUNDING

- 2021-2022 Polish National Agency for Academic Exchange: *Healthy lifestyle or pro-health obsession during the pandemic – a multinational study* – (BPN/GIN/2021/1/00010/U/00001) – Project Manager
- 2016-2018 National Science Centre, Poland: *The development of beauty & health concepts and stereotypes in middle childhood – trans-generation transmission of physical attractiveness patterns in the concept of gender stereotypes and pro-health behavior* (Opus 9 2015/17/B/HS6/04144) – Main Researcher
- 2015-2017 National Science Centre, Poland: *Nordic Walking as an effective way in reducing the low grade systemic inflammation in elderly people - the significance of iron and vitamin D status* (Opus 8 2014/15/B/NZ7/00976) – Researcher & Coordinator of psychological aspects
- 2013-2015 National Science Centre, Poland: *Influence of vitamin D3 supplementation combined with adequate rehabilitation on risk of falling after cervical and lumbar spine surgery utilizing dynamic or static implants and in patients treated with vertebroplasty* (Opus 3 2012/05/B/NZ7/02493) – Researcher & Coordinator of psychological aspects
- 2008-2009 European Research Project *QOLIBRI* (Quality of Life after Brain Injury 2008) – Researcher

RESEARCH INTEREST

- Health Psychology: motivational function of an objective in physical activity and sport, physical activity in context of risky behavior
- Sport Psychology: psychological determinants of performance in sport, psychological aspects of children and youth sport
- Body Image: role of physical activity for BI

PROMOTED DOCTORAL DISSERTATIONS

- 2016 Żaneta Szczepańska-Klunder *Subjective conditions of health-related behaviours of physical education teacher*
- 2016 Magdalena Jochimek *Physical activity and psychosocial determinants risky behaviour of secondary school children*
- 2017 Daniel Krokosz *Determinants and motives of involvement in extreme sports in regard to satisfaction with life*
- 2018 Małgorzata Pogorzelska *Psychosocial determinants of health-related fitness of 9-year-old children with different level of physical activity*