



Marcin Pasek, PhD in Physical Culture Sciences

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Positions held:

Assistant Professor at the Faculty of Physical Culture, Gdansk University of Physical Education and Sport (AWFiS)

Fulfilled functions:

Deputy Dean at the at the Faculty of Physical Culture (Tourism and Recreation field)

Teaching activity (currently implemented subjects):

Fundamentals of tourism

Modern trends in tourism and leisure

Methods and techniques of tourism management

Sustainable development

Ecotourism

Ecology and environmental protection

Additional credentials related to scientific teaching activities:

1. Postgraduate studies in the field of wellness and physiotherapy, Jędrzej Sniadecki Academy of Body Education in Gdańsk, Faculty of Body Education 1998.

2. Postgraduate course “Humankind – Environment”, University of Gdansk, 2006, qualified as a teacher in geography.

Scientific activity:

Author of 120 papers in the field of biological and ecological aspects of body culture as well as recreation and health training. 7 articles in journals that are listed on the Philadelphia list and carry the Impact Factor ISI.

Membership and cooperation with Federation Internationale d’Education Physique.

Reviewer in the editorial staff of 2 IF journals (Sustainability, International Journal of Environmental Research and Public Health).

Organisational activity:

Currently, as vice-dean of the degree programme Tourism and Recreation, he forms the functional strategy of the degree programme Tourism and Hotel Industry – an innovative course offered to those who are interested in studying at AWFIS from the new academic year.

Research interests:

1. Metallic elements in hair as analytical material for physically active / inactive and physically more / less efficient persons.
2. Smog impurities as part of the effect on genetic expression, which enhances hereditary factors in people with different levels of activity / performance.
3. Environmental pollution and the feeling of connectedness to nature as a prerequisite for the level of mental well-being with reference to previous observations in the field of socio-psychology. Comparative analysis of individuals with different levels of observed physical activity.
4. Level of physical performance and supply of proteins, minerals and vitamins as conditions for the activity of antioxidant enzymes.