

Curriculum Vitae

Małgorzata Smoter

Date of birth: 11.11.1986
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Education

- 2018 Ph.D. [Ph D's thesis: Effects of tDCS on muscle stiffness in children with cerebral palsy measured by myotonometry and Ashworth scale
- 2010 M.Sc. in Physiotherapy
- 2005-2010 University School of Physical Education, Faculty of Physiotherapy, Wrocław, Poland
- 2017 Certified therapist in kinesiотaping in neurology
- 2013 Certified therapist in kinesiотaping
- 2013 Postgraduate study in school education
- 2012 Certified therapist in NDT-Bobath
- 2010 Certified therapist in Transcranial Direct Current Stimulation, Petersburg, Russia

Professional experience

- 10.2019 **Yangzhou University in China** - guest lecturer, lecture title: Effects of transcranial direct current stimulation on muscle stiffness in children with cerebral palsy measured by myotonometry
- 08.2019 **Aalborg University in Denmark**
Course in "Navigate Pain" software

01.2017 **Warsaw Medical University**, Descriptive and Clinical Anatomy Centre of
Biostructure Research, Course in Anatomy

2010 – currently Therapist in Diagnostic and Rehabilitation Center 'Promyk Słońca'

Publication

1. Guo W, Zang M, Klich S, Kawczynski A, **Smoter M**, Wang B. Effect of Combined Physical and Cognitive Interventions on Executive Functions in OLDER Adults: A Meta-Analysis of Outcomes. *Int J Environ Res Public Health* 2020, **17**(17). **Impact Factor 2.474**
2. **Smoter M**, Jedrzejczyk-Góral , Chen A, Ciszek B, Ignasiak Z. Effects of tDCS on Muscle Stiffness in Children with Cerebral Palsy Measured by Myotonometry: A Preliminary Study *Appl. Sci.* 2020, **10**, 2616. **Impact Factor 2.849**
3. Kisilewicz A, Janusiak M, Szafraniec R, **Smoter M**, Ciszek B, Madeleine P, Fernandez-de-Las-Penas C, Kawczynski A. Changes in Muscle Stiffness of the Trapezius Muscle after Application of Ischemic Compression into Myofascial Trigger Points in Professional Basketball Players. *J Hum Kinet* 2018, **64**(1): 35-45. **Impact Factor 1.414**
4. Pozarowszczyk B, Pawlaczyk W, **Smoter M**, Zarzycki A, Mroczek D, Kumorek M, Witkowski K, Adam K. Effects of Karate Fights on Achilles Tendon Stiffness Measured by Myotonometry. *J Hum Kinet* 2017, **56**: 93-97. **Impact Factor 1.414**
5. Zarzycki A, Witkowski K, Pozarowszczyk B, Kumorek M, Kisilewicz A, **Smoter M**, Korpala L, Piepiora P, Kawczynski A. Changes in muscle stiffness as the effect of karate tournament fight. *Archives of Budo Science of Martial Arts and Extreme Sports* 2017, **13**: 185-190.

Awards

1. Conference Award, Motor Control 2016, Wisła, Poland: title: *Effects of Transcranial Direct Stimulation Therapy on Muscle Stiffness in Children With Cerebral Palsy, as Measured by Myotonometry* Smoter M., Jędrzejczyk-Góral B., Kumorek M., Mroczek D., Mraz M., Ignasiak Z., Kawczyński A.
2. In 2018 scholarship for best PhD student in University School of Physical Education

Languages

English – advanced

Chinese - starter