



CURRICULUM VITAE

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EDUCATION

- 2017 Ph.D. in Physical Culture Science – Józef Piłsudski University of Physical Education, Warsaw, Poland
- 2012 MS in Physiotherapy - Józef Rusiecki University College, Olsztyn, Poland

EMPLOYMENT

- since 2016 Lecturer – University of Physical Education, Gdansk, Poland
- since 2016 Physiotherapist – Therapy Center Wyspa, Gdansk, Poland
- 2012-2016 Lecturer – Józef Rusiecki University College, Olsztyn, Poland
- 2011-2014 Physiotherapist – Center of Body Posture, Olsztyn, Poland

FUNCTIONS

- since 2021 Head of the Developmental Age Laboratory, University of Physical Education and Sport, Gdansk, Poland
- since 2017 Tutor of the Student Scientific Club of Physiotherapists, University of Physical Education and Sport, Gdansk, Poland

QUALIFICATIONS

- 2020 Barcelona Scoliosis Physical Therapy School (BSPTS) Level 1
- 2020 Barcelona Scoliosis Physical Therapy School (BSPTS) Basic
- 2018 Innovation in the correction of scoliosis - SKOL-AS
- 2017 Functional Individual Therapy of Scoliosis (FITS Method)
- 2015 Rehabilitation in developmental disorders of infants from 0 to 12 months
- 2013 Dynamic Neuromuscular Stabilization according to Kolar
- 2011 Sherborne Developmental Movement Method
- 2011 Statistics in Medicine – methods of analysis of variance and regression analysis
- 2011 Statistics in Medicine – basic methods
- 2011 Proprioceptive Neuromuscular Facilitation PNF Basic
- 2010 The Halliwick Concept

PARTICIPATION IN RESEARCH PROJECTS FUNDED UNDER REGIONAL

- 2020-2021 Coordinator of the project "Assessment of the reliability of functional tests recommended by the Krajowa Izba Fizjoterapeutów for the provision of health services in the field of physiotherapy and their description in medical documentation";
- 2014 "Epidemiology of non-specific back pain and their relationship with the physical activity of children and adolescents from eastern Poland - as a task for school physical education";
- 2014 "Assessment of the incidence of back pain in children and adolescents from the Warmian-Masurian Voivodeship";

- 2013 "Assessment of reliability and repeatability of the assessment of the musculoskeletal system with the use of objective research tools";
- 2013 "Evaluation of the effectiveness of various forms of physiotherapeutic treatment used in disorders of the musculoskeletal system";

AWARDS

- 2015-2016 Scholarship of the Minister of Science and Higher Education for achievements
- 2013 Distinction in the StRuNa 2013 competition for the Physiotherapy Club for Students for scientific activity
- 2011-2012 Scholarship of the Minister of Science and Higher Education for achievements
- 2018 Muscle strength of the lower extremities of people with generalized joint hypermobility - to train or not to train?; 1st Award
- 2016 Diurnal variation of body height in children with idiopathic scoliosis; The Main Award
- 2014 Assessment of the quality of body posture under the command "straighten your back"; 3rd Award
- 2014 Assessment of the effectiveness of correction of flat feet by dynamic taping based on a podoscopic examination and gait analysis - preliminary report; 1st Award
- 2012 Human functional diagnostics with the use the FMS tests; 1st Award
- 2012 Back pain in children and adolescents - assessment of the relationship with joint hypermobility and flexibility of muscles of the lumbar-pelvic-iliac complex; 1st Award
- 2012 Assessment of repeatability and reliability of measurements of the erector spinae in the lumbar region using surface electromyography; 1st Award
- 2011 Joint hypermobility in children with idiopathic scoliosis – SOSORT; 1st Award
- 2011 Assessment of the quality of life of children and adolescents with idiopathic scoliosis depending on the types of treatment and parameters characterizing the deformity; Distinction
- 2010 Factors determining the quality of life of children and adolescents with idiopathic scoliosis; 1st Award

SCIENTIFIC ACHIEVEMENTS

Peer-reviewed Articles: 18 (IF: 16,735; MNiSW: 406)

Participation in Scientific Conferences: 29

Reviews: PlosOne, Advances in Rehabilitation, Baltic Journal of Health and Physical Activity

RESEARCH INTEREST

Diagnostics of the musculoskeletal system of children and adolescents;

Assessment of reliability and repeatability of research tools used in physiotherapy;

Verification of treatment protocols used in pediatric physiotherapy;