

**assistant professor Łukasz Bielawa, Ph.D.**

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ResearchGate [profile](#)



**Education:**

- 2021 – Doctor of Physical Culture Sciences, University of Physical Education and Sport, Gdansk (Poland)
- 2014 - Master's Degree – Physiotherapy, University of Physical Education and Sport, Gdansk (Poland)
- 2010 - Master's Degree - Physical Education, University of Physical Education and Sport, Gdansk (Poland)

**Employment:**

- 2021 - assistant professor. Faculty of Physical Culture, Gdansk University of Physical Education and Sport.
- 2016-2021 - assistant. Faculty of Physical Culture, Gdansk University of Physical Education and Sport.
- 2009 - Department of Cardiac Rehabilitation in Szymbark: physiotherapist

**Other permissions:**

- Sports instructor - athletics
- Sports instructor - board sailing
- Nordic walking instructor
- Elderly physical activity instructor
- Fitness Instructor - strength exercises
- Fitness Instructor - modern forms of gymnastics
- WOPR lifeguard

**Functions:**

- 2021 - Head of the Clinical Physiotherapy Laboratory in Internal Diseases

**Scientific Internships and Study visits:**

- Matej Bel University, Banská Bystrica (Slovakia)

**Research interest:**

- Determinants of physical activity of older women
- The role of various health training programs in preventing falls and in shaping the quality of life of older women
- Determinants of activity and physical fitness of people after a cardiac incident