

Dr Tamara Zofia Walczak-Kozłowska

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PROFESSIONAL EXPERIENCE

Academy of Physical Education and Sport (since 03.2020), Gdansk, position: Assistant Professor

University of Gdansk (since 05.2019), Gdansk, position:

- principal investigator in the research project: "Efficiency of attentional mechanisms as a predictor of school readiness in very preterm children" implemented under the grant received in the PRELUDIUM 16 contest organized by the National Science Center,
- research assistant in the project "Przystanek MAMA" (principal investigator at the University of Gdansk: Dr Magdalena Chrzan-Dętkoś) financed by the European Social Fund under the Operational Program Knowledge Education Development 2014-2020.

"Neuro-THERA-Med" diagnostic and rehabilitation counselling center, (since 01.2017), Koszalin, position: psychologist

FAScynacje Foundation (since 03.2020), Gdansk, position: psychologist

Research agency DANAE Sp. z o.o. (since 08.2017 to 30.06.2020), Gdansk-Warsaw, position: research and analysis specialist

STUDIES

since 10.2019 to 06.2020: **Studies of Depression Therapy**, Depression Therapy Center in Gdynia

since 10.2016 to 09.2020: **PhD studies in Psychology**, University of Gdansk (full-time studies, 1st place on the list of PhD students' achievements after the first, second and third year of doctoral studies)

- **Title of the doctoral dissertation:** " Efficiency of attentional mechanisms as a predictor of school readiness in very preterm children "
 - magna cum laude
 - written under the supervision of prof. UG dr hab. Michał Harciarek and dr Magdalena Chrzan-Dętkoś
 - reviewers: dr hab. n. społ. Bernadetta Izydorzyc, prof. UJ and dr hab. Aneta R. Borkowska prof. UMCS
- Average grade for the entire course of PhD studies = 5,0

since 10.2011 to 06.2016: **Psychology, spec. Neurobiopsychology**, University of Gdansk (full-time studies, completed with honors - 2nd place in terms of the highest average grade obtained by psychology graduates in 2016, awarded with honors by the Head of the Institute of Psychology of the University of Gdansk)

- **Master's thesis:** "Temperament and 'hot' and 'cool' executive functions in children born extremely prematurely"
 - written under the supervision of dr Magdalena Chrzan-Dętkoś
 - reviewer: prof. UG dr hab. Michał Harciarek
 - grade of the thesis defense: 5,0

AWARDS, HONORS AND SCHOLARSHIPS

Winner of the first place in the competition for the best doctoral dissertation (in the category of doctoral dissertations on education, science and higher education) **organized by the Students' Parliament of the Republic of Poland and the Ministry of Science and Higher Education.**

Winner of the 1st Degree Rector Award at the University of Gdansk for outstanding scientific achievements in the academic year 2018/2019

Winner of the PRELUDIUM 16 competition organized by the National Science Center for research projects in the field of basic research carried out by researchers starting their scientific careers.

Winner of the competition (PROM programme) organized by the National Agency for Academic Exchange (NAWA) supporting the mobility of scientists in Poland. The scholarship enabled active participation in the prestigious conference: 19th European Conference on Developmental Psychology organized by the European Association for Developmental Psychology in Athens (no. PPI / PRO / 2018/1/00002 / U / 001).

Scholarships for the best PhD students received in the academic years: 2019/2020, 2018/2019, 2017/2018.

Pro-quality scholarships received in the academic years: 2019/2020, 2018/2019, 2017/2018.

First place in the poster session during the conference "Mom, Dad! I'm growing! - Child development in an interdisciplinary approach "in 2016.

Honored by the Head of the Institute of Psychology at the University of Gdansk for highest academic grades throughout the entire studies.

Honored for special commitment, activity and contribution to the activities of the ANIMA Psychological Science Club in the academic year 2014/2015.

Rector's scholarship for the best students in the academic years: 2015/16, 2014/15, 2013/14, 2012/13.

CONDUCTED COURSES

Interpersonal communication

Shaping the personality of the therapist - personal development

Qualitative research methodology

Developmental psychology

Qualitative research in physical education and social sciences

Introduction to qualitative research methods and data analysis with MAXQDA and Focussion softwares

Psychology of health and quality of life

Critical analysis of psychological texts

Neuropsychological rehabilitation

Biological foundations of human behavior

Neuropsychological diagnosis

Introduction to Psychology

Psychology of Emotions and Motivation

Diagnosis of young children - the cognitive aspect

Diagnosis of young children - the emotional and social aspects

Preterm babies and their parents - early intervention

Early Psychological Intervention

Protective and risk factors in the development of premature children

Fundamentals of psychology and sociology

Preparation for conducting the process of individualization of work with a student with special educational needs

IMPLEMENTATION OF RESEARCH PROJECTS

Principal Investigator: *Efficiency of attentional mechanisms as a predictor of school readiness in very preterm children* (no 2018/31/N/HS6/00554), **National Science Center**, Preludium 16, 2019-2022

Research assistant: Przystanek MAMA, **Ministry of Health**, 2019-2021

Principal Investigator: *Efficiency of attentional mechanisms as a predictor of school readiness in very preterm children – PILOT STUDY*, **University of Gdansk**, Contest for young scientists, 2018

Research assistant: *Development of the category of beauty, health and gender stereotypes in the middle childhood - intergenerational transmission of patterns of physical attractiveness in the context of gender stereotypes and pro-health behavior* (no 2015/17/B/HS6/04144), **National Science Center**, OPUS 9, 2018

Research assistant: Effectiveness of behavioral therapy - PCDI model, **Institute of Child Development Support**, 2015

TRAINING

Solution Focused Therapy (TSR) - basic level (1st degree) at the Solution Focused Therapy Center "CTSR" in Sopot, 2019

Winter School for PhD Students - International training for doctoral students organized by the Baltic University Program in cooperation with the Lodz University of Technology and the University of Applied Sciences in Hamburg, 2018

Qualification training for psychologists (**Stanford-Binet 5 Intelligence Scale**)

Qualification training for psychologists (**Battery of methods for the diagnosis of psychomotor development in five- and six-year-old children**)

Qualification training - **Psychoeducational Profile (PEP-R)**.

3-step training course "Behavioral therapy for children with autism" - Institute of Child Development Support in Gdansk.

Pedagogical training, University of Gdansk.

Additional skills:

Managing qualitative research using the Delphi method, IDI (individual in-depth interview) and FGI (focus group interview) for public sector (including the Ministry of Health, Ministry of Energy, Educational Research Institute / Ministry of National Education, National Center of the Culture) and private sector (including OLX Group, Tauron).

Qualitative analysis in MaxQDA, Atlas, InVIVO and Focusson softwares.

Moderating In-depth interviews (IDI) and focus groups (FGI).

Preparation of substantive offers for research projects in the private and public sector.

Substantive support for implementation projects in the healthcare sector.

Fluent knowledge of MS Office and SPSS.

Languages:

Polish - native

English - advanced (C1)