

## LIFETIME PURSUITS and Career (CV)



### GENERAL INFORMATION

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**NAME SURNAME** : PROF. DR. Marcus Stück  
**BIRTH & PLACE** : 22/7/65 in Leipzig, Germany  
**FOREIGN LANGUAGE** : English (active), Spanish (passive)  
**EMAIL** : marcus.stueck@dpfa-hs.de

#### CAMPUS ADDRESS:

DPFA Academy of Work and Health  
Täubchenweg. 83  
04317 Leipzig, Germany: +49 179 4497384

#### PERMANENT ADDRESS

Leipziger Str. 64  
04420 Leipzig-Markranstädt,  
Germany: +49 341 4798627

### EDUCATIONAL BACKGROUND

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1999 - 2007 professoral dissertation (Habilitation) at the Institute of Psychology II, University of Leipzig  
1999 Abbrotation as psychological psychotherapist for adults and children/adolescents (decision Government Presidium Saxony, 22.2.1999)  
1994 - 1997 Promotion (PhD) at the Institute of Applied Psychology, University of Leipzig  
1993 Study abroad at the Banaras Hindu University/ India  
1991 - 1992 Study abroad at the Institute of Child Health, University of London  
1987 - 1993 Study of Psychology at the University of Leipzig  
1987 Auxiliary nurses in the hospitals Hubertusburg and Wernsdorf  
1985 - 1987 Professional-Qualification for Electrician  
1979 - 1985 Children's and Youth Sports School in Leipzig; DDR- Champion Handball/ juniors (1982); Baccalaureate degree

### Academic Titles and Scientific Degrees

2017 Honorary Professorship (Prof. h.c.) at Riga Teacher Management Academy (RTTEMA), decision of RTTEMA-Senate  
2007 Teaching license (Academic Title: Associate Professor) according to § 56 of the Saxon Law on Higher Education for the Institute of Psychology  
2007 Habilitation (professoral dissertation), doctor rerum naturalium habilitatus<sup>1</sup> (University of Leipzig)  
Thesis: „Development and empiric examination of an intervention programme under the use of Yoga and Biodanza for teachers' occupational stress”  
1997 Dissertation (PhD), doctor rerum naturalium, predicate: Magna cum laude (University of Leipzig),  
Thesis: “Development and Evaluation of a Relaxation Training with elements of Yoga for Coping with Stress for Students of Middle Schools”  
1993 Master of Science in Psychology (Diplom- Psychologist), predicate: „Very good“ (University of Leipzig and London)  
Thesis: “The eastern influence in the western psychology”

### FURTHER EDUCATION

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1994 - 1998 Yoga Instructor (Association of German yoga teacher)  
1998 - 2005 Psychological Psychotherapist for adults and children (Dresden Academy for Psychotherapy & Institute for Psychologic Therapy at University of Leipzig, Germany) „Behavior Therapy“, approbation: Psychological Psychotherapist

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<sup>1</sup> This degree is conferred by German universities and signifies that the recipient has proven his qualification for tenured positions.

1998 – 2004 Biodanza Instructor and training supervisor (Schools of Biodanza in Buenos Aires- Argentina, Berlin- Germany, Milano – Italy with Rolando Toro)

## **OCCUPATIONS**

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### **UNIVERSITARIAN - ACADEMIC**

- Since 2019 Head of Research of the DPFA Academy Work and Health, Continuation of the awarded title Professor based on the decision of the State Ministry for Science and Art from the 18.5.2018, Director of the International Research Academy
- 2012 - 2018 Appointment as full-professor at the University of Applied Science Saxony (DPFA), based on the decision of the Saxon State Ministry of Science and Art from the 9.8.2012 (AZ: 3-7754.20/13/3-2012), Head Scientist since 2016 (Senate decision 09/16)
- 2016 Awarding of honorary professorship at the Pedagogical University in Riga (Decision of Senate 30.5.2016 S-04/7-24-13)
- 2011 - 2017 Election for the post of Professor at Pedagogical Psychology at Riga Teacher Management Academy (RTTEMA), based on the record 4/2 Joint Professor's Council meeting on 24.Febr.2011 at Daugavpils University for a period of 6 years
- Since 2015 Member of the Faculty Social Welfare and Rehabilitation at the University Teheran (Iran)
- 2007 - 2012 Associate Professor at the Institutes of Psychology at University of Leipzig, Germany, work unit "Educational and Rehabilitation Psychology" (untenured)
- 2005 – 2007 Research Assistant (Assistant Professor), Institutes of Psychology at University of Leipzig, Germany, work unit "Educational and Rehabilitation Psychology"
- 2007 Representation Chair (Guest Professor) of "Psychology and Social Work" in the Department of Social Education at the University of Technology, Economy and Culture in Leipzig (HTWK)
- 2004 – 2005 Research Associate, Institute of Psychology at University of Leipzig, work unit "Psychodiagnostics"
- 1997 – 2004 Research Assistant, Institute of Applied Psychology at University of Leipzig, work unit "Educational Psychology", including HSP III scholarship for Habilitation-Work
- 1997 – 1998 Research Assistant, Institute of Medical Psychology at Martin-Luther- University of Halle-Wittenberg, Germany
- 1994 – 1997 Doctoral student and Research Associate at University of Leipzig, work unit "Educational Psychology"
- 1997 Scientific Secretary, Scientific-Theoretical Center at University of Leipzig

### **EXTRA- UNIVERSITARIAN/ACADEMIC**

- Since 2005 Director of the Biodanza school in Leipzig and Riga (Latvia, since 2008) Supervision and instruction of a three-year training to be a Biodanza instructor in cooperation with PhD Alejandra Villegas (Argentina)
- Since 2003 Director of Center of Educational Health (Zentrum für Bildungsgesundheit ZfB): Network of active psychologists, organization of advanced pedagogic education in elementary pedagogic and school psychological fields for governmental or independent organizing institutions.
- Since 2003 Referent in the training of educators and leaders of day care and after school institutions in Saxony to the new educational mission by order of the Ministry of Culture of Saxony
- Since 2001 Coach in the outdoor-border area of experience, range of work and organization development

Since 2001	Biodanza instructor with regular groups, workshops and as a training-referent (e.g. Russia, Latvia, Ethiopia, Tanzania, Netherlands, Italy, Austria, Germany)
Since 1998	Yoga Instructor within the scope of health prevention for different health insurance funds
Since 1997	Organization of instructor education trainings for the stress reduction training with elements of Yoga (EMYK) and Biodanza (TANZPRO) for children respectively adults (STRAIMY), e.g. in Germany, Italy, Poland, Sri Lanka, Indonesia, Switzerland, Austria)
Since 1996	Lecturer in consulting teacher education and teacher further education of the regional education offices and the Academy for Teacher Further Education (SALF) in Saxony
Since 1996	Team-Supervision in different social-pedagogic institutions of the city of Leipzig concerning the personnel and organizational development in educational fields (teachers, educators, social pedagogues)
Since 1994	Teaching in different institutions of adult education (teachers, occupational therapists, social pedagogues, speech therapists, educators)

### **GRANTS & AWARDS**

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2007	Reward 2007 of the South-African Biodanza Association for an extraordinary research study on the global development of Biodanza
2005	Award for an extraordinary scientific study on systemic stress reduction in educational fields (emphasis: teacher's stress, endowment: 4.000 Euro) from the Pedagogic Foundation Cassianum in Donauwoerth, Germany, "Children in Special Situations"
1999 – 2000	Habilitation Grant (HSPIII-Saxony)
1997	Award for an extraordinary scientific study on "Children in Special Situations" (dissertation, endowment: 2.500 Euro) from the Pedagogic Foundation Cassianum in Donauwoerth, Germany
1994 – 1997	Dissertation scholarship from the University of Leipzig
1991 – 1992	DAAD-Grant (German Academic Exchange Service): foreign exchange scholarship (University of London)

### **PRESENTATIONS AND PARTICIPATION IN NATIONAL AND INTERNATIONAL SCIENTIFIC CONFERENCES AND CONGRESSES**

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- 1) 2016: 24. World Congress for Psychology in Yokohama (Japan), 2 Presentations
- 2) 2015 "Human in Space" Conference, Int. Association of Astronautics IAA, 1 Presentation
- 3) 2012/2014/2016 Organiser of International Conference "BIONET - Psychological and Biological Basics in Education and Health" at Riga Teacher Management Academy (RTTEMA)
- 4) 2013, 2014 Congress Psychotherapy/Psychosomatic Medicine in Austria, 2 Presentations / Workshops
- 5) 2016, 2017 Congress Body oriented Psychotherapy in Austria, 2 Presentations, Workshops
- 6) 2009/2010 Conference "Education Paradigms in Transition Part I and II - Biocentric education (Chairman, Organiser, University of Leipzig)
- 7) 2009 Leipzig University International Conference in Leipzig (organiser, report: History of teacher research at the University of Leipzig)
- 8) 2008 Workshop-Conference Intercultural aspects in therapy and counseling, University Leipzig (workshop: Implementation of Biodanza in an intercultural context)
- 9) 2008 Conference "Health of Preschool-teacher" (Chairman, Organisation, University of Leipzig)
- 10) 2007 Chairperson of Conference "Risk of occupation: educator. Overload and stress in the educatorprofession" in cooperation with FRÖBEL Leipzig gGmbH, Center for Health Edu-

- cation (ZfB), Youth Office Leipzig, University Leipzig
- 11) 2006 International Workshop Conference “Psychological consequences of the tsunami affected regions of Sri Lanka and Indonesia, especially learning and adaptation disorders” (organisation, workshop: Body-oriented methods for use in tsunami affected regions)

## **SCIENTIFIC PURSUITS IN PROJECTS**

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### **1. Participation/ Leadership in projects in Germany and research themes; Raised third-party funds**

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| Since 2017  | Project: Development and Investigation of strategies of Health management in Institutions  |
| Since 2016  | Project: Research about Treatment of Attachment disorder in water (Biodanza Aquatica)  |
| Since 2014  | Project: Treatment of Posttraumatic stressdisorder after Natural Catastrophics (Nepal, Iran)   |
| 2012 - 2016 | Project: Chronobiopsychological Laboratory research with teachers (at University of Applied Science Saxony (DPFA)  |
| 2008-2011   | Project „Nonviolent communication in day-care centres and primary schools through EMYK“ (Third-party funds for the evaluation project, Department for Right-wing-extremism of Leipzig city: 25.900 Euro, PN 2218-0334) evaluation of the use of relaxation training with yoga elements (EMYK), modules of non-violent communication and educational play   |
| Since 2008  | Project „Profession analyses in day-care centres“ (Third-party funds for the evaluation project Fröbel gGmbH Leipzig, 4.000 Euro, PN 2218-0332)  |
| 2007-2011   | Project on educators‘ health: „Strong roots – Action alliance (University of Dresden, University of Leipzig, Health-Government North Saxonia) Healthy Lifestyles and Living Environments within the Kita (day-care centre) - Setting“ (Summ: 528.000 Euro; University of Leipzig 160.000 Euro, Federal Ministry of Health, PN 22180364, Supervision of the cooperation: Stress regulation/Relaxation Leipzig, span: 2,7 years)   |
| Since 2006  | Evaluation of the curriculum for the implementation of the Saxon Education Plan, Conclusion of new elementary pedagogical approaches for stabilizing effects   |
| Since 2006  | Scientific aspects of yoga, Studies and evaluations of therapeutic and preventive effects of yoga intervention   |
| Since 2006  | Implementation of the concept of "Systems-based stress reduction " (SYSRED) in the school context, Application for recognition of training programs EMYK, STRAIMY, TANZPRO- Biodanza in the health insurance   |
| Since 2005  | Studies: experience of burden of educators in day care centers   |
| 1999 - 2007 | Project „Interventions for the accomplishment of teachers‘ occupational stress “ (Regional Education Authority Leipzig; Saxon Academy for teachers‘ further training“/SALF: 33.000 Euro) Institute of Psychology at the University of Leipzig, Department of Educational and Rehabilitative Psychology: Development and empirical evaluation of the stress reduction training with yoga elements (STRAIMY), the dance-oriented health program (TANZPRO Biodanza) and the concept of systemic stress reduction "system-SIS” |
| 1998 - 1999 | Psychological Medicine study on the effects of unemployment on health and illness; Institute of Medical Psychology at the Martin Luther University Halle / Wittenberg  |
| 1994 - 1998 | Development, implementation and study of a relaxation training with yoga elements for the middle school (EMYK, dissertation project), Institute of Applied Psychology, University of Leipzig, Department of Educational Psychology   |

## 2. Participation/ guidance of International Projects

Since 2012	Implementation of "School of Empathy" at Islam University Yogyakarta in Indonesia
Since 2008	HIV- Prevention in Africa under use of BIODANZA, University Gondar/Bahadir (Ethiopia) and University of Dar se Salaam (Tanzania) (ZfB-Förderkreis: 7000 Euro)
2005 - 2011	Project „Tsunami and PTSD“(DAAD; Fact Finding Mission: 4.900 Euro; title: 334400291; AZ: A/05/23412) Development of measures of personnel development for Sri Lankan workers of the Tsunami - Disaster for the treatment of post traumatic stress disorders
1999 - 2000	International Cooperation Project „Psycho-physiological regulation during simulated space flights - SFINCSS“(Berlin Institute for Stress Research/ Institute of Biomedical Problems in Moscow; volume: 2.000 Euro)
Since 1998	Project „Studies on the impact of Biodanza“ (International Biocentric Foundation/ IBF; Sponsors; Universidad Abierta Interamericana, B.Aires: 25.000 Euro) Stress Psychological Studies on effects and inter-cultural aspects of the movement-oriented self-regulation method Biodanza; cooperation between the Institute of Applied Psychology/ Institut of Transfusion Medicine and Immunology at the University of Leipzig, the Institute for Stress Research, Berlin and of the Faculty of Psychology at University Abierta Interamericana, Buenos Aires
1995 - 2008	Project „Scientific Explorations during a high mountain expedition“ (Sponsors/ economy; TV programmes (Arte, MDR); Berlin Institute for Stress Research: 28.500 Euro)

### **AUTHOR'S COURSES AND STUDY COURSES FROM 1994 TO 2011 (EXTRACT)**

***Institute for Applied Psychology at the University of Leipzig (until 2004), Institute for Psychology II at the University of Leipzig (since 2005):***

<b>Academic Year</b>	<b>Kind of course</b>	<b>Title of Study Course</b>	<b>Amount of lessons per semester</b>
1994 - 2004	Seminar	Differential Psychology	15 courses a 90 minutes/ obligatory
1994 – 2010	Lecture	Educational and psychological intervention methods	15 courses a 90 minutes/ obligatory
1994 - 1998	Seminar	Stress Management in Educational Systems	10 courses a 90 minutes/ obligatory
1997 - 2011	Lecture/ Seminar	Introduction in Educational Psychology	15 courses a 90 minutes/ obligatory
1997 - 2003	Seminar- series	Relaxation techniques with children and young people - theory and practice	15 courses a 90 minutes/ obligatory
1997 – 2005	Seminar	Exploration and Communication Skills	4 hours per week/ obligatory
1998 - 2011	Lecture/ Seminar	Introduction in learning and behavioral disorders	15 courses a 90 minutes/ obligatory

1998 - 2004	Lecture	Clinical and neuropsychological rehabilitation	2 courses a 90 minutes
1998 – 2003	Seminar	Supervision of Empiricism II- internships	4 hours per week/ obligatory
1998 – 2003	Seminar	Supervision of scientific internships	per student 6 weeks: about 30 students/ optional
2004 - 2005	Seminar- series	General psychodiagnostics	4 hours per week/ obligatory
2004 - 2005	Seminar- series	Organization of test protocol- internships in psychodiagnostics	4 hours per week/ obligatory
2007	Lecture	Child Psychotherapy	2 hours per week/ obligatory
2004 - 2011	Seminar	Stress management at school - theory and practice	2 hours per week/ obligatory
2009 - 2010	Seminar	Health in the education system	2 hours per week

***Institute of Medical Psychology at Martin-Luther-University of Halle-Wittenberg:***

<b>Academic Year</b>	<b>Kind of course</b>	<b>Title of Study Course</b>	<b>Amount of lessons per semester</b>
1998	Seminar series	Introduction to Medical Psychology	4 hours per week/ obligatory
1998	Lecture	Medical Psychology	2 courses for 90 minutes/ obligatory

***Riga Teacher Training and Educational Management Academy***

<b>Academic Year</b>	<b>Kind of course</b>	<b>Title of Study Course</b>	<b>Amount of lessons per semester</b>
2010-2014	Seminar	Neuropsychological and biological Basics of Positive Psychology	18 hours obligatory
2010-2017	Seminar	Child Psychotherapy	18 hours obligatory
2010-2017	Seminar	Positive Resource Theory	12 hours obligatory
2010-2017	Seminar	Teaching Theories	6 hours obligatory

**University of Applied Science Saxony (DPFA):**

Academic Year	Kind of course	Title of Study Course	Amount of lessons per semester
2012 – 2018	Seminar	Introduction in Propedeutic	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Introduction in science methodology and statistic	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Introduction in Family Psychology	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Introduction in Developmental Psychology	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Introduction in Learning Strategies	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Introduction in Natural Science Experiments with children	15 courses a 90 minutes/ obligatory
2012 – 2018	Seminar	Basics of Educational diagnostics	15 courses a 90 minutes/ obligatory
2013 – 2018	Seminar	Introduction in Ethics in Education	15 courses a 90 minutes/ obligatory

**DPFA – Academy of Applied Science Leipzig**

Year	Kind of course	Title of Study Course	Amount of lessons per semester
2019	Seminar	Academic Course Child Education	8 courses a 90 minutes/ obligatory
2019	Seminar	Introduction in the diagnostic method of Health Cube for Psychic Risk Analyses for adults and children	Seminars on demand

**Lectures and courses delivered abroad at higher educational institutions**

Since 1995 Colloquium Lectures: University Mendoza (Argentina, 1995), University London (England, 1996), University A.I. Buenos Aires (Argentina, 1998), University Hongzhou (China, 2001), University Poznan (Poland, 2002), University Colombo (Sri Lanka, 2005, 2006, 2008, 2010), University Riga (Latvia, 2005, 2007, 2009), University Dar Salam (Tanzania, 2008), University Yoyakarta (Indonesia, 2010/11), University Bahadir (Ethopia, 2011), University Gondar (Ethopia, 2011).

Since 2005 repeated operations in Sri Lanka as part of the project initiative of the Universities of Leipzig and Colombo, "Psychological help for victims of the tsunami disaster"; implementation of mediator training in Colombo and Matara

## **RESPONSIBILITY IN COUNCIL OF STUDY PROGRAMMES**

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- 1997- 2007 Participation of the Planning-Commission of the Diplom-Course “Educational Psychology” at University of Leipzig
- 2008- 2011 Participation of the Planning-Commission of the Bachelor/ Master- Course “Educational Psychology” at University of Leipzig
- 20012- 2017 Participation of the Planning-Commission of the Bachelor “Early Education” at University of Applied Science Saxony (DPFA)

**Scientific advisor of Master’s Works:** 50 works all in all (University of Leipzig, University of Halle-Wittenberg), 25 Bachelor Thesis at University of Applied Science Saxony (DPFA)

**Scientific advisor of Doctor Thesis:** 1 work (University of Leipzig, Karolina Kudlacz, finish in 2018), Co advisor in several doctor thesis

### **Design of 4 courses in “Educational Psychology” at Leipzig University**

- 1997 – 2003 Relaxation techniques with children and young people - theory and practice
- 2004 – 2010 Stress management at school
- 2009 – 2010 Health in the education system
- 2007 Child Psychotherapy

## **MEMBER OF EXPERT’S GROUPS AND COUNCILS**

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- 1) Since 2019 Editorial Board of the Journal New Care
- 2) Since 2018 Reviewer Humboldt Foundation
- 3) 2015 - 2018 Equality Officer at University of Applied Science Saxony (DPFA)
- 4) 2012 - 2017 Member of the Senate of University of Applied Science Saxony (DPFA)
- 5) 2007- 2012 Member of Council of Faculty of Bioscience, Pharmacy and Psychology of University of Leipzig
- 6) Since 2007 Member of 15 PhD-Commissions at Leipzig University and University of Würzburg
- 7) Reviewer of 4 scientific Journals (peer reviewed)  
Journal of Alternative Medicine  
Journal of Psychology in Education und Teaching  
Journal Stress and Health  
Health Report Journal
- 8) Since 2016 Member of Editorial Board of the Health in Emergencies and Disasters Quarterly Journal
- 9) 2006 - 2017 Member of diverse conference commission, University of Leipzig, University of Applied Science Saxony (DPFA), Riga Teacher Management Academy (RTTMA)
- 10) Since 2008 editor of 3 scientific book series financed by Schibri- Publisher:
  - 1) „New Direction in psychology and education“ (3 books)
  - 2) „Articles to Educational Health“ (4 books)
  - 3) „Biodanza in the mirror of Sciences“ (2 books)
- 11) 2008 Member of the Steering Committee of “Educational Health” in the State Ministry of Culture of Saxony
- 12) 2007 Expert in the Saxon parliament, Committee for Education and Sports; Consultation for printed matter 4 / 7674 "Safe Schools Psychological counseling in Saxony "
- 13) 2004 - 2007 Member of the Scientific Advisory Board of the first highly gifted-day care institution of Leipzig
- 14) Since 2002 Member of the German Society of Psychology, Department of Educational Psychology
- 15) 2001-2010 Founder and member of the Society for Meditation and Meditation Research



## PUBLICATION

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### 1. Articles in Internationally Proof- Read Publications

No.	Title of publication	Authors	Year	Whereabouts of publishing and submittance	Amount of pages
	School of Empathy for Enhancing childrens wellbeing	Widiasmara,N.; Novitasari,R.; Trimulyaning-sih,N.; Stueck, M.	2018	<i>International Journal of Social Science and Humanity, Vol. 8, No. 8, 230 – 234</i>	5
0	Behavioral Skills Training in Portuguese Children with School Failure Problems	E. Galindo, A. Candeias, H. Pires, M. Grácio, M. Stueck	2018	Frontiers in Psychology: Educational Psychology, 9, Holtzbrinck Publishing Group	12

No.	Title of publication	Authors	Year	Whereabouts of publishing and submittance	Amount of pages
1	Community Mental Health Preparedness in Disasters: A Qualitative Content Analysis Study in An Iranian Context	Juliet Roudini, Hamid Reza Khankeh*, Evelin Witruk, Abbas Ebadi, Konrad Reschke, Marcus Stück	2017	Health in Emergencies and Disasters Quarterly Journal  ISSN-2345-4210 (accepted, in press)	20 pages
2	Potential Effects of Evidencebased BIODANZA Programmes for Children (TANZPRO-Biodanza) in Schools and Kindergartens on Psychology, Physiology, Hormones and the Immune System	Stueck,M.; Villegas,A.	2017	Oxford Handbook of Dance and Wellbeing  Oxford University press (accepted, in press)	19 pages
3	Biodanza for Kindergarten children (TANZPRO-Biodanza): Reporting on changes of cortisol levels and emotion recognition.	Stueck,M.; Villegas,A.; Lahn,F.; Bauer, K.; Tofts P.; Sack, U.	2017	Body, Movement and Dance in Psychotherapy,  Vol. 20, No. 10, Routledge, Francis & Taylor	14 pages
4	Relations of spirituality, family hardiness, and wellbeing to understand parents' life quality in Indonesia	Utami, D.S. & Stueck, M. (2017)  submitted	2017	Anthropological Research and studies  Submitted, in press	2 pages
5	Relationship between blood pressure and psychic features of experience and behaviour in teachers. blood pressure and psychic features of experience and behaviour in teachers.	Stueck, M.; Rigotti, Th.; Roudini,J.; Galindo, E.; Utami, D.	2016	Psychology Health Report. Vol. 4(2)	10 pages
6	Biodanza Effects on Stress Reduction and Well-Being – A Review of Study Quality and Outcome	Stueck,M.; Tofts P.;	2016	Signum Temporis 2016; 8(1): 57–66	9 pages

No.	Title of publication	Authors	Year	Whereabouts of publishing and submittance	Amount of pages
7	Relationship between biogrophy, stress and body reactions in educators: Psycho-physiological laboratory tests for educative health.	Mueller, S.; Stueck, M.; Balzer, H.-U.	2014	<i>Ergomed</i> (6)	7 pages
8	What does it make sense to put into someone without acting?	Stück, M., Schoppe, S., Lahn, F. Toro,R.	2013	ErgoMed 6/2013 (37)	8 pages
9	Effects of an evidencebased dance program (Tanzpro-Biodanza®) for kindergarten children aged four to six on immunoglobuline a, testosterone and heart rate.	Stueck, M., Villegas, A., Schoenichen, C., Bauer, K., Tofts, P., Sack, U.	2013	Problems of education in the 21st century, 56/2013, 128 – 143	15 pages
10	Respectful Communication in Kindergarten	Schoppe, S. Stueck, M.	2012	Prevention and Health Promotion 7/2012, 229-236	7 pages
11	The concept of system-related stress reduction (SYSRED) in educational fields.	Stueck, M.	2011	<i>Problems of education in the 21st century</i> , 29/2011, 119 - 134	
12	Occupationally burdens and stress at the day - Educators in the district of North Saxony and Leipzig	Schoppe, S.; Hergesell, Th.; Stück, M.	2010	Ergo-Med, 5/2010, 160-171.  ISSN: 0170-2327	12 pages

No.	Title of publication	Authors	Year	Whereabouts of publishing and submittance	Amount of pages
13	Psycho-Immunological Process Evaluation of Bi-odanza	Stück, M.; Villegas, A.; Bauer, K.; Terren R.; Toro V.; Sack U.	2009	Signum Temporis. Pedagogy & Psychology, Vol. 2/1/2009  ISSN: 1691-4929	
14	Psychological burdens of emergency workers – Effects and psychological emergency support for victims of the Tsunami-catastrophy in Sri Lanka and Indonesia	Witruk, E., Reschke, K. & Stueck M.	2009	Trauma and Violence, 03/2009, 196-208  ISSN 1863 – 7167	13 pages
15	Dancing the Burden? Bi-odanza as a new body-orientated, psychological Intervention method for coping with burdens for teachers	Stück, M., Villegas, A., Terren, R., Toro, V., Mazzarella, L. & Schröder, H.	2008	Ergo-Med, 02/2008, 34-43  ISSN: 0170-2327	10 pages
16	New approaches on stress reduction for teachers: Bi-odanza and Yoga as body-orientated methods to reduce psycho-vegetative states of stress	Stueck, M., Villegas, A., Perche, F., Balzer, H.-U.	2007	Ergo-Med, 03/2007, 68-75  ISSN: 0170-2327	8 pages
17	Experiencing burdens and coping with problems for social education workers	Stueck, M.; Trapp, S.	2006	Ergomed, 30(4), 116-126  ISSN: 0170-2327	11 pages
18	Psychological and Psychophysiological effects of a High Mountains Expedition to Tibet	Stueck, M., Balzer, H.-U., Hecht, K., Schröder, H. & Rigotti, Th.	2006	Journal of Human Performance in Extreme Environments, 8 (1), 11-20  Publisher: Society for Human Performance in Extreme Environments ISSN: 1529-5168	10 pages

No.	Title of publication	Authors	Year	Whereabouts of publishing and submittance	Amount of pages
19	Microbial and immunological responses relative to high altitude exposure in mountaineers	Kleessen, B., Schroedl, W., Stueck, M., Richter, A., Rieck, O. & Krueger, M.	2005	Journal of Medicine & Science in Sports & Exercise, 37 (8), 1313-1318 (IF: 2.591).  Publisher: American College of Sports Medicine ISSN: 0195-9131 Online ISSN: 1530-0315	6 pages
20	Yoga for children in the mirror of science: Working spectrum and practice fields of a Training of relaxation with elements of Yoga for children (EMYK)	Stueck, M. & Glöckner, N.	2005	Journal Early child development and care, 175 (4), 371-377  Publisher: Routledge ISSN: 0300-4430 Online ISSN: 1476-8275	7 pages
21	Tightening up on relaxation	Stueck, M., Rigotti, T. & Lüdtke, U.	2005	Speech & Language Therapy in Practice, 1, 18-20  ISSN: 2045- 6174	3 pages
22	States of Hypersensibility of electrodermal activity an experiencing burdens in teacher profession	Stueck, M., Sonntag, A., Balzer, H.-U., Glöckner, N., Rigotti, Th., Schönichen C. & Hecht K.	2005	Psycho med, 17 (2), 109-114  ISSN 0940- 5569	6 pages
23	Normatively conspicuous experiencing of teachers	Stueck, M. & Sonntag, A.	2005	Ergomed, 29(4), 105-113  ISSN: 0170-2327	9 pages
24	How do teachers react to burdens? Occupational patterns of coping and psycho-physiological correlates	Stueck, M.; Rigotti, Th.; J.-H., Balzer, U.	2005	Psychology in Education and teaching, 52 (4), 250-260, (IF: 0.289)  ISSN: 0342-183X	11 pages

## 2. Monograph- like publishing

Authors	Title of Publication	Year	Heading of magazines	No. of pages
Balzer, H.-U. Stueck, M	Introduction in Chronobiopsychology	2019		
Stueck, M.	Scientific Basics of childrens Yoga	2011	Publishing house: Schibri, Strasburg	110
Stueck, M.	Children, researchers and educators – Early education under review	2010	Articles to Educational Health (Bd. 14)  Publishing house: Schibri, Strasburg ISBN 978-3-86863-026-8	156 pages
Stueck, M., Villegas, A., Toro, R.	North meets South. How the penguin and the polar bear meet	2010	Articles to Educational Health (Bd.8)  Publishing house: Schibri, Strasburg ISBN 978-3-86863-042-8	130 pages
Stueck, M.	The Stress Reduction Training with Elements of Yoga for Educators and other burdened Professions (STRAIMY-Workbook)	2009	Articles to Educational Health (Bd. 4)  Publishing house: Schibri, Strasburg ISBN: 978-3-937895-86-4	76 pages
Stueck, M.	Bilingual support of movement and relaxation in day-care centres: The Relaxation Training with Elements of Yoga for three- to six-year-old children (EMYK- Workbook for day care centres)	2009	Articles to Educational Health (Bd.2)  Publishing house: Schibri, Strasburg ISBN: 978-3-937895-90-1	200 pages

Authors	Title of Publication	Year	Heading of magazines	No. of pages
Stueck, M.	New Directions: Yoga and Biodanza for stress reduction on teachers	2008	New Direction in psychology and education (Bd.1)  Publishing house: Schibri, Strasburg ISBN: 978-3-937895-91-8	468 pages
Stueck, M. & Villegas, A.	Dancing towards Health? Empiric research on Biodanza	2008	Biodanza in the mirror of Sciences (Bd. 1) published in 4 languages: German, Italian, Spanish and English  Publishing house: Schibri, Strasburg ISBN: 978-3-868630-01-5	566 pages
Stueck, M.	Development and empiric examination of an intervention programme under the use of Yoga and Biodanza for teachers' occupational stress	2007	Habilitation. Faculty of Biomedical Sciences, University of Leipzig	

### 3. Participation in Books with some Parts and Scientific Team of Redactors

Authors	Title of Publication	Year	Heading of magazines	No. of pages
Qudsyi, H.; Trimulyaning-sih,N.; Novitasari,N., Stueck M.	Developing Module of Nonviolent Communication among children in Yogyakarta.	2018	Proceeding of International Conference On Child-Friendly Education, Universitas Muhammadiyah Surakarta. ISSN: 2503-5185. 159 – 180	21
Stueck, M.	Biodanza - Inclusion is possible with closed eyes	2015	Practise Handbook. Children under 3 Ed. 14, Hamburg: Olzcoog	11 pages
Stueck, M.	The basics of a theory of selforganizing empathic networks	2013	E. Witruk (Ed.): Historical and Cross-Cultural Aspects of Psychology,  Frankfurt am M.: Peter Lang	10 pages

<b>Authors</b>	<b>Title of Publication</b>	<b>Year</b>	<b>Heading of magazines</b>	<b>No. of pages</b>
Stueck, M.	School of Empathy: Introduction and First Results. in: Beiträge zur Pädagogischen und Rehabilitationspsychologie.	2013	E. Witruk (Ed.): Historical and Cross-Cultural Aspects of Psychology,  Frankfurt am M.: Peter Lang	12 pages
Stueck, M.; Schlegl, S.; Villegas, A.; Riha, David; Törpsch, A.; Duben, M.	The classification of body-oriented interventions in the treatment of post-traumatic disorders in childhood and adolescence	2010	Articles to Educational and Rehabilitation Psychology. Learning, Adjustment and Stress Disorders, 427-454  Publisher: Evelin Witruk Publishing house: Peter Lang, Frankfurt am M. , New York ISBN: 978-3-631-57776-9	28 pages
Stueck, M.	Support communication and strengthen identity. Systems-based stress reduction (SYSRED) in educational fields, a summary	2010	Articles to Educational and Rehabilitation Psychology. Learning, Adjustment and Stress Disorders, 465- 480  Publisher: Evelin Witruk Publishing house: Peter Lang, Frankfurt am M. , New York ISBN: 978-3-631-57776-9	16 pages
Stueck, M.	Waterbased self-regulation with Biodanza for children as a preventive intervention to reduce childhood-trauma and behavioral characteristics and the strengthening of the binding behavior	2010	Articles to Educational and Rehabilitation Psychology. Learning, Adjustment and Stress Disorders, 359-366  Publisher: Evelin Witruk Publishing house: Peter Lang, Frankfurt am M., New York ISBN: 978-3-631-57776-9	8 pages
Stueck, M.; Neumann, D.; Mayer, L.; Rillich, K.; Dobrig, P.; Lahm, B.; Supplies, P.; Wallenhauer, P.	Psychological prevention approaches in fields of social work	2010	Articles to Educational and Rehabilitation Psychology. Learning, Adjustment and Stress Disorders, 343-358  Publisher: Evelin Witruk Publishing house: Peter Lang, Frankfurt am M., New York ISBN: 978-3-631-57776-9	16 pages



Authors	Title of Publication	Year	Heading of magazines	No. of pages
Balzer, H.-U.; Stueck, M.	Effects of social isolation - Chronobiological isolation experiments in preparation for the international space flights	2010	Articles to Educational and Rehabilitation Psychology. Learning, Adjustment and Stress Disorders, 279- 295  Publisher: Evelin Witruk Publishing house: Peter Lang, Frankfurt am M. , New York ISBN: 978-3-631-57776-9	17 pages
Lahm, B.; Stueck, M.; Mül- ler,M.; Neumann, D.; Pörsch- mann,N.; Mietzsch, B.	Being FAIR. Approaches for supporting reciprocal recognition and Violence prevention in day-care centers	2009	Publishing house: Messe- druck Leipzig ISBN: 978-3-938442-49-4	180 pages
Thien- schmidt, M. & Stu- eck, M.	Psychological burdens for teacher profession	2008	Handbook for Educators health, 16-21  Publisher: Saxon State Ministry of Social Affairs	6 pages
Stueck, M., Seel- ing, F., Rigotti, Th., & Lander J.- H.	A Method to analyze the Semantic Differential	2006	Cognitive psychological analysis of memory func- tions  Publisher: E. Witruk, J.-H. Lander Publishing house: Shaker, Herzogenrath ISBN: 978-3832250348	14 pages

Leipzig, 13.2.2019

