

Daniel Krokosz – assistant professor at Gdansk University of Physical Education and Sport. Has a master degree in Psychology (University of Gdansk), post-graduate in Sport Psychology and PhD in Sport Sciences.

His main research interest regards psychological aspects (such as mood & cognitive performance) of high endurance and extreme sports especially ultramarathon-running, open water swimming and mountaineering. This research resulted in publications in *Frontiers in Psychology* and *International Journal of Health and Environmental Research* and presentations on World Congress of International Society of Sport Psychology (ISSP) in Seville and European Congress of FEPSAC in Munster.

Moreover he works as a sport Psychologist with many polish sportswomen and sportsmen including: elite combat sport fighters, elite sailors, women basketball team, junior tennis and football players. His main specialty regards helping players in coping with stress using MAC model and using biofeedback training.

He is a member of Polish Psychological Association, Section of Sport Psychology and European Federation of Sport Psychology Fepsac.



- Clinical aspects of sport psychology – addiction, burnout, mindfulness interventions
- Psychology of extreme endurance and high risk sport – individual differences, motives of participation
- Performance psychology – enhancement of human performance, mental training, biofeedback technologies in performance psychology