



## CURRICULUM VITAE

associate professor **Mariusz Lipowski** Ph.D.

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### EDUCATION

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- 2012 Ph.D. in Psychology – Institute of Psychology, Faculty of Social Sciences, University of Gdansk, Poland, Dissertation: *Psychological determinants of pro-health behaviors in athletes*
- 2007 habilitation in Physical Culture Science – Gdansk University of Physical Education and Sport, Poland, Subject of habilitation thesis: *Physical activity of women as pro-health behavior - determinants and motives of participation*
- 1997 Ph.D. in Physical Culture Science – Gdansk University of Physical Education, Poland, Dissertation: *Personality determinants of performance in gymnastics*
- 1995 MS in Psychology – the Institute of Psychology, Faculty of Social Sciences, University of Gdansk, Poland, Master's thesis: *Selected personality traits and athletic performance of children in gymnastic*
- 1993 MS in Physical Education – University of Physical Education in Gdansk, Poland, Master's thesis: *Psychological preparation in gymnastic*

### EMPLOYMENT

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- since 2007 associate professor – Gdansk University of Physical Education and Sport, Poland
- 2008-2018 associate professor – University School of Sport in Lodz, Poland
- 1998-2007 assistant professor – Gdansk University of Physical Education and Sport, Poland
- 1998-1999 P.E. teacher – Primary Private School "Niedźwiednik" in Gdansk, Poland
- 1993-1997 gymnastics trainer – AZS AWF in Gdansk, Poland
- 1993-1998 lecturer – Gdansk University of Physical Education, Poland
- since 1995 sport psychologist for Olympic Team in artistic gymnastic, fencing and judo

### FUNCTIONS

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- since 2019 Director of Doctoral School in Gdansk University of Physical Education and Sport, Poland
- since 2019 Director of postgraduate studies *Start for Ph.D. in Sport & Fitness Sciences* at Gdansk University of Physical Education and Sport, Poland
- since 2019 Head of *Department of Psychology*, Gdansk University of Physical Education and Sport, Poland
- 2015-2019 Deputy Dean of Research of Faculty of Tourism and Recreation, Gdansk University of Physical Education and Sport, Poland
- 2008-2019 Head of *Department of Health Psychology*, Gdansk University of Physical Education and Sport, Poland
- since 2003 Tutor of *the Psychological Club for Students "PsychActiv"* at Gdansk University of Physical Education and Sport, Poland

## **TRAININGS AND QUALIFICATIONS**

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2007	third-degree (International) specialization in <i>the Sherborne Developmental Movement Method</i> (International Sherborne Foundation)
1995	second-degree specialization in the <i>Sherborne Developmental Movement Method</i> (Polish Dyslexia Society)
1994	first-degree specialization in the <i>Sherborne Developmental Movement Method</i> (University of Gdansk)
1993	coach of gymnastic (second-degree)

## **MEMBERSHIP IN SCIENTIFIC ORGANIZATIONS AND EDITORIAL BROADS OF JOURNALS**

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since 2013	member of Editorial Broad <i>Health Psychology Report</i>
since 2013	member of Editorial Broad <i>Turystyka i Rekreacja [Tourism &amp; Recreation]</i>
since 2013	member of Editorial Broad <i>Baltic Journal of Health and Physical Activity</i>
since 2009	member of Editorial Broad <i>The Polish Journal of Sports Medicine</i>
since 2006	member of Editorial Broad <i>The Polish Journal of Physiotherapy</i>
since 2006	<i>Polish Neuropsychological Society</i>
since 2005	<i>Section of Sport Psychology in Polish Society of Sport Sciences</i> (secretary)
since 1997	<i>International Society of Sport Psychology</i>
since 1997	<i>Polish Psychological Society</i>

## **AWARDS**

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2015	<i>Copernicus Prize</i> – awarded by Polish Neuropsychological Society
2013	<i>Commission of National Education Medal</i>
2011	<i>Bronze Medal of the President of the Republic of Poland</i>
1999-2011	1st degree Rector's award – University of Physical Education and Sport in Gdansk, Poland (6 times)

## **SCIENTIFIC COOPERATION WITH OTHER SCIENTIFIC INSTITUTIONS**

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X-XI 2019	scholarship in the framework of Polish National Agency For Academic Exchange (NAWA) – Faculty of Psychology of the University of Social Science and Humanities of the Vietnam National University in Hanoi (cooperation with prof. Truong Thi Khanh Ha)
since 2017	Department of Physical Education and Sports, Matej Bel University in Banská Bystrica, Slovakia (cooperation with dr Miroslav Slizik; Erasmus+ visits: February 2017; February 2018)
since 2016	Faculty of Psychology, University of Social Sciences and Humanities, Vietnam National University, Vietnam (cooperation with prof. Truong Thi Khanh Ha)
since 2015	Lithuanian University of Educational Sciences, Vilnius, Lithuania (cooperation with prof. Vida Juskeleiene; Erasmus+ visit April 2015)
since 2015	Faculty of Sport Science, University of Leipzig, Germany (cooperation with prof. Evelin Witruk)
since 2014	School of Sport and Education, Brunel University in London, United Kingdom (cooperation with prof. Robin Jackson)
VII-VIII 2012	scholarship in the framework of Internationalisation of Higher Education Programme – University of Camerino, Italy (cooperation with prof. Giancarlo Falcioni)

## **PARTICIPATION IN RESEARCH PROJECTS FUNDED UNDER REGIONAL, NATIONAL AND INTERNATIONAL FUNDING**

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- 2016-2018 National Science Centre, Poland: *The development of beauty & health concepts and stereotypes in middle childhood – trans-generation transmission of physical attractiveness patterns in the concept of gender stereotypes and pro-health behavior* (Opus 9 2015/17/B/HS6/04144) – Main Researcher
- 2015-2017 National Science Centre, Poland: *Nordic Walking as an effective way in reducing the low grade systemic inflammation in elderly people - the significance of iron and vitamin D status* (Opus 8 2014/15/B/NZ7/00976) – Researcher & Coordinator of psychological aspects
- 2013-2015 National Science Centre, Poland: *Influence of vitamin D3 supplementation combined with adequate rehabilitation on risk of falling after cervical and lumbar spine surgery utilizing dynamic or static implants and in patients treated with vertebroplasty* (Opus 3 2012/05/B/NZ7/02493) – Researcher & Coordinator of psychological aspects
- 2008 European Research Project *QOLIBRI* (Quality of Life after Brain Injury 2008) – Researcher

## **RESEARCH INTEREST**

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- Health Psychology: motivational function of an objective in physical activity and sport, physical activity in context of risky behavior
- Sport Psychology: psychological determinants of performance in sport, psychological aspects of children and youth sport
- Body Image: role of physical activity for BI